



THE PARENT MENTOR PROJECT 2011– 2012 TRAINING SCHEDULE



**Parent Mentor Project
Contact Information**

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SEDOL
www.sedol.us

September 21
(Wednesday)

Special Education 101 **9:00—11:00 a.m.**
Learn the basics about education laws, provisions under the Individuals with Disabilities Education Act, the special education process, and the importance of partnering to become your child’s champion.

Presented by Joy Bux & Priscilla Cuba, Parent Mentors
SEDOL Admin. Bldg., 18160 W. Gages Lake Rd., Gages Lake, IL

October 22
(Saturday)

Why Gender Matters **7:00—8:30 p.m.**
This evening presentation is designed specifically for parents, addressing discipline and motivation and its relationship to gender. Join us at 6 p.m. for a light supper beforehand.

Presented by Dr. Leonard Sax, Psychologist, Physician and Author
Laremont School Gym, 17934 W. Gages Lake Rd., Gages Lake, IL

November 14
(Monday)

What Parents Should Know about their Child’s Curriculum—Questions & Answer **9:00—11:00 a.m.**
Learning standards . . . IEP goals . . . assessments . . . curriculum. What do they have to do with your child’s educational progress? Staff from SEDOL’s Curriculum Department will present information to broaden your understanding of these areas and will provide an opportunity for your questions to be answered.

Presented by the SEDOL Curriculum Department
SEDOL Admin. Bldg., 18160 W. Gages Lake Rd., Gages Lake, IL

December 7
(Wednesday)

Mindfulness Meditation **7:00—9:00 p.m.**
Mindfulness meditation practices are very simple yet powerful ways of calming your mind and reducing the effects of stress. Learn some simple meditation practices that you can use to take short, restorative breaks during your day

Presented by Michael Skelley, Ph.D., Assoc. Professor, De Paul University
College of Lake County South Lake Campus
1120 S. Milwaukee Ave., Vernon Hills, IL

For further information or to register, call 847-986-1127 or email the Parent Mentor Project.